

RASASC

Rape & Sexual Abuse Support Centre



19th Annual Report

1st Nov 2011 - 31st Oct 2012

***Supporting Survivors since 1992
From Surviving to Thriving***

RASASC
Rape and Sexual Abuse Support Centre
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Reg. Charity No: 1059154

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TRUSTEES, MANAGEMENT COMMITTEE

Chair:	Cathie Smith
Vice Chair:	Malcolm Henderson-Begg
Treasurer:	Graham Ward
	Barbara Wolfe
	Diana Baden Hellard
	Gill Elliott
	Helen Davies
	Janice Adamson
	Sara Mukungu

PAID STAFF

Management Co-Ordinator/Fundraiser:	Sonja Freebody
Admin Assistants:	Lizzie Hibbert & Vivien Sale
Independent Sexual Violence Advisor:	Sheila Cade-Hughes
Counselling Co-Ordinator:	Felicity Williams

70 VOLUNTEERS

RASASC HISTORY

RASASC started in 1992 to provide a support service for men and women who had experienced rape and/or sexual abuse. In 1992 staff at the local GUM Clinic identified the need, when testing for sexually transmitted diseases. It was evident that these clients needed therapeutic support after suffering rape and/or sexual abuse. The NHS did not provide such a service.

The organisation has grown from someone's backroom, to renting its first office in 2001, then employing the first paid Administrator and developing the first RASASC website. Finally becoming a registered charity in 1996 and in 2002 became a member of The Survivors Trust, a nationwide umbrella organisation for organisations who help survivors' of sexual violence.

The main helpline, staffed by female volunteers, initially operated only 2 evenings a week, increasing to 5 evenings in 1996 and 6 evenings in 2001. During 2006 a separate male helpline, staffed by male volunteers, started for one night per week. It became apparent despite advertising, that male callers preferred to ring the other helpline and speak to female volunteers. So the male line closed in 2008. RASASC's helpline currently operates 6 evenings per week and has the capacity for two volunteers to work simultaneously.

In 1995 RASASC established evening face-to-face (individual) counselling sessions in Guildford. By 2001 this counselling expanded to include daytime sessions and family support counselling sessions. In 2004 an additional evening was added in Woking and this ran until the end of 2008. Currently, counselling is based in Guildford on Monday and Wednesday evenings and also during the daytime. All the counsellors were originally female, but since 2002 one male counsellor has been available if clients prefer. In 1998 RASASC also ran its first Self-Help Support Group.

In 2010, RASASC employed the first Independent Sexual Violence Advisor (ISVA) for Surrey to co-incide with the opening of the Surrey Sexual Assault Referral Centre in Cobham. This service offers non-counselling support, practical and emotional help, signposting, accompanying to court, liaising with Police and other agencies to achieve the best results for survivors.

WHO WE ARE AND WHO WE HELP

RASASC is a registered charity and has no regular or statutory income. Funding is obtained from continually applying for grants, donations, training fees and fundraising events.

RASASC is governed by a Management Committee of Trustees and run on a daily operational basis by the Management Coordinator/Fundraiser, who is assisted by two part-time Admin. Assistants, a Counselling Manager and an Independent Sexual Violence Advisor, plus 70 dedicated volunteers and self-employed Helpline Trainers.

RASASC supports anyone, male or female, in Surrey and the surrounding areas, who has suffered childhood, adult, recent or historic rape or sexual abuse. Family, partners and those supporting a survivor can also benefit from counselling and helpline support.

The confidential Helpline is available to anyone, of any age, survivor, or carer of a survivor. The Face to Face counselling, Family Support Counselling, Court Support Counselling and Self-Help Groups are available to anyone over 16 (signposting under 16s to appropriate services).

It is very difficult for a survivor to tell anyone what has happened to them, and they can face a wide range of reactions. Many will suffer in silence and their lives may change completely because of this. Many hide the details of the traumatic event for years, before seeking help, especially those abused as children.

Raped or sexually abused people need to be able to talk to someone, and they are often not able to talk to members of their own family. They need understanding and non-judgmental listeners, who will believe them. RASASC listens, believes and cares. We can provide coping techniques and information for making life choices, so that they can re-gain control of their lives and move forward.

OBJECTIVES

- To provide immediate support via the telephone helpline for men and women who have been raped and/or sexually abused.
- To provide counselling for male/female survivors of rape and/or sexual abuse.
- To provide support to those people caring for a survivor eg. family/partner/friend .
- To provide self-help groups.
- To increase awareness of these issues, to promote understanding and facilitate rehabilitation of people who have been subjected to rape and/or sexual abuse.

CONFIDENTIAL SERVICES

- **Helpline** – open 6 evenings per week from 7.30pm-9.30pm (not Saturdays & Bank Holidays). Two helpline volunteers per session.
- **Counselling** – Up to 50 sessions per week are offered by experienced counsellors (who have a minimum of 100 hours general counselling experience, a Diploma in Counselling, and are members of the British Association of Counsellors and Psychotherapists (BACP)). Counselling can be for one session or as long as 2 years. Donations are requested to cover costs on a means-tested sliding scale, but those unable to make a donation will still be assisted by RASASC. Counselling is strictly by self-referral. Day and evening counselling is available in Guildford. Special Court Support Counselling is also available for survivors going through court proceedings and for close family members or partners in addition to the Independent Sexual Violence Advisor (ISVA) service.

PRESENTATIONS, AWARENESS AND TRAINING

Awareness table displays, short talks, long talks and specialist training days are available from RASASC on its services, issues surrounding rape and sexual abuse and other associated topics. RASASC is able to adapt all of these services to suit local groups, schools, colleges, companies, statutory bodies and other organisations.

NEWSLETTER AND WEBSITE

RASASC produces an e-mail newsletter on a quarterly basis and has a comprehensive website full of helpful information for survivors and those wishing to volunteer, donate or support RASASC.

CHAIR'S REPORT

1st Nov 2011 to 31st Oct 2012

The year from 1st November 2011 to 31st October 2012 was supported by a continued stable committee of 9 Trustees. We say Thank You and Goodbye to 3 Trustees who have supported RASASC for many years and now need to focus on family and personal time. I would like to thank all of the committee for their time, dedication and commitment this past year and for their on-going commitment.

In January 2012 we welcomed 10 new helpline volunteers and in October 2012 we welcomed an additional 11 to join our existing team. We have been blessed with a high retention of helpline volunteers through 2012 who have taken 2,562 calls.

Through 2012 the Helpline team have managed the challenging calls and have managed new calls as a result of the Jimmy Savile case. The Helpline manage calls often of a very delicate and distressing nature and draw upon their training, supervision and support of each other, they are commended in their dedication and time to ensure the Helpline service is always available within the opening hours.

Supporting the Helpline are dedicated supervisors Felicity, Martine, Sue and Kate, who have been committed to RASASC for many years, providing support and guidance to the Helpline volunteers, my thanks to them for their time and support to RASASC'S core service.

During 2012 our Helpline Training team Di and Gosia delivered the Core Helpline Training course to prepare this year's intake for their service on the line. My Thanks go to Di and Gosia who have delivered this key training and the valuable helpline skills to help retain the service we provide and the safety to our volunteers.

During 2012 Sheila has been busy in the ISVA role and, in addition to doing some critical work with clients, she has also made some strong and valuable relationships with people and organisations who have partnerships with RASASC.

Our Counselling service co-ordinated by Felicity has sustained our 21 volunteer counsellors who have taken on additional clients, and although our client numbers have increased, our waiting list has reduced. Our counsellors are supported by long term supervisors Mary and Julie and we welcomed Linda as part of the supervisor team. We all know that it is tough work for our clients and I would like to thank the counsellors, supervisors, Felicity and the counselling assessment team for their continued work with RASASC.

For many of us not involved in the day to day running of RASASC we see the smooth running of the office, events, activities and fundraising that "just happen" like clockwork! Sonja wears many hats to ensure the smooth operations within the RASASC office, providing RASASC with visibility and awareness and finding funds to support and grow RASASC's continued services. Sonja, along with Lizzie and Vivien, always put in so much effort to make things happen and play an important piece in RASASC's existence and survival.

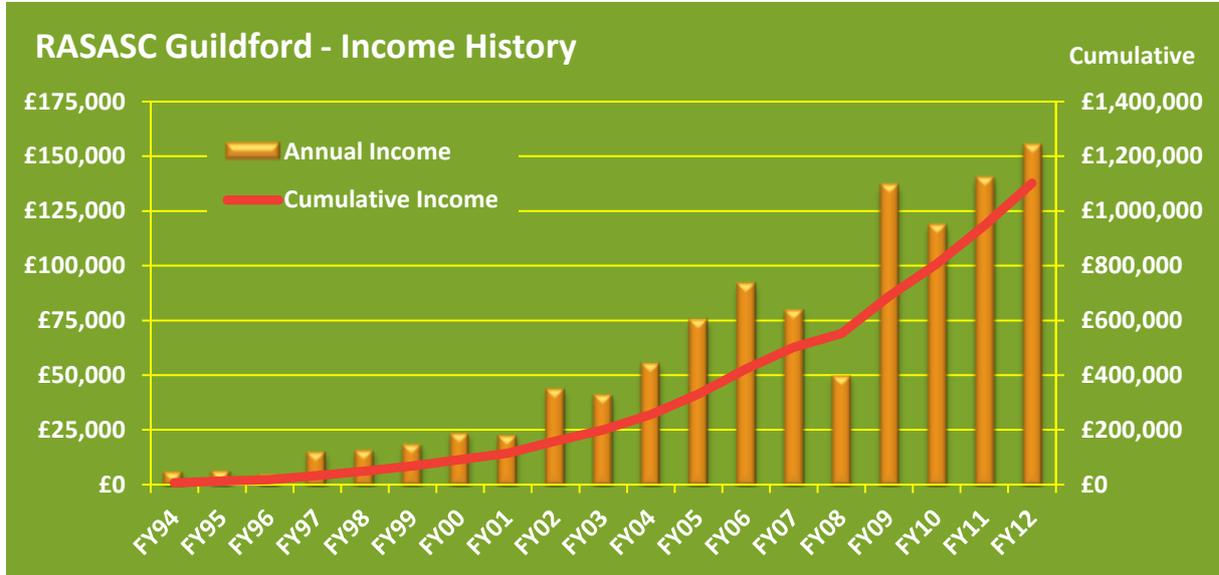
In addition to the physical support we receive from all volunteers not just those on the Helpline or Counselling but everyone who has provided their time to support RASASC I would also like to say Thank You to everyone who has donated money, taken part in a sponsored event and shown support and interest in helping RASASC succeed. Last year I said that 2011 had been one of the busiest years I had seen for activities but 2012 surpassed that and people continue to do amazing things to support us and help us continue with the great work we do.

Cathie Smith
Chair

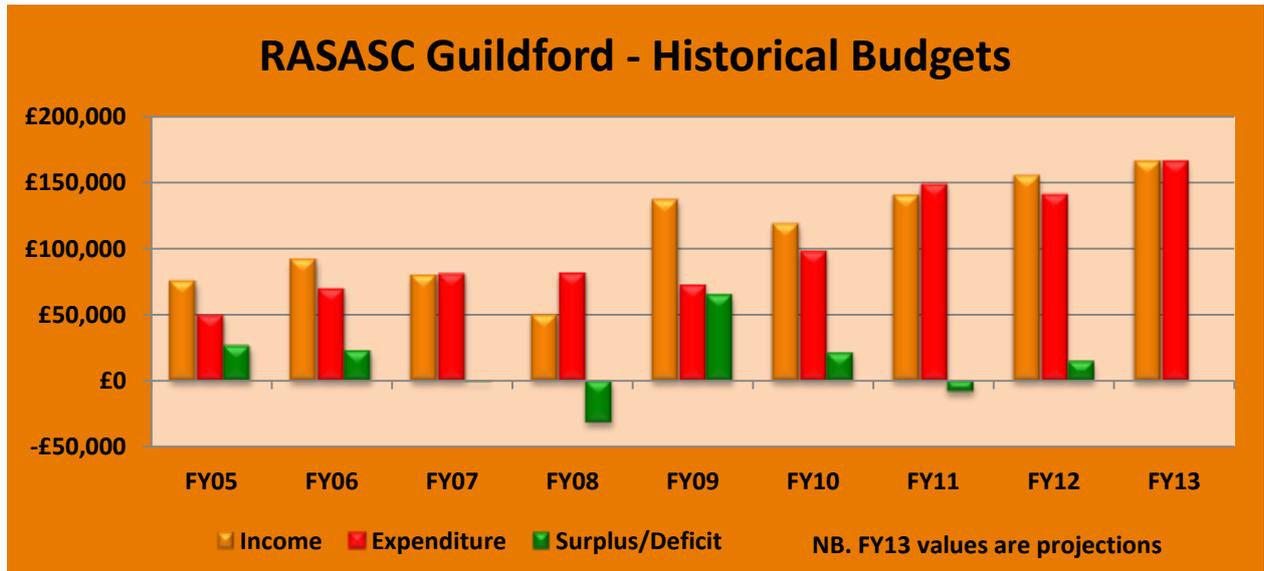
TREASURER'S REPORT

Year Ending 31st October 2012

The RASASC Guildford financial year run from November to October. "FY12" was November 2011 to October 2012. All other "FY" references are on the same basis.



- ✚ For the second year running, our income in the financial year was the highest ever recorded.
- ✚ In addition, we passed the £1 million milestone of funds raised since RASASC Guildford started providing services.
- ✚ In our first financial year (1993-94) we had an annual expenditure of £3,300 but we now need to raise almost 50 times that amount each year.



- ✚ Expenditure during the year was down on the prior year and was under budget by about £10,000.
- ✚ The year-end bank balance was equivalent to about 11 months of costs at the proposed budget level for the next financial year (November 2012-October 2013).

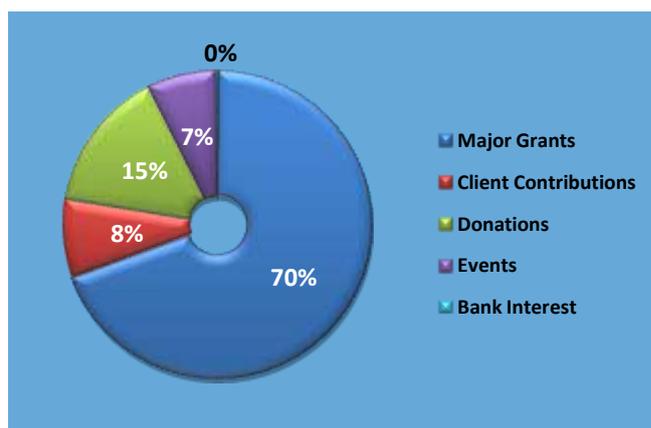
The key items to be noted from this year are:

Income exceeded budget expectations for the fourth year running. Grants totalling £77,000 were received from government departments (The Home Office & the Ministry of Justice).

Total expenditure for the year was £140,348, against a budgeted amount of £150,000. The main reductions in costs were due to there being one less helpline training intake than planned and general cost control across a range of budgets. There were no significant budget overruns in any of the cost categories.

Donations from counselling clients were down slightly for the second year running whilst the associated travel costs were also down; giving a small net increase in counselling income.

Guildford Borough Council have continued to provide 100% rates relief for the RASASC office and provided an additional grant of £8,690 toward rental costs - as part of a six year transitional agreement (reducing).



The financial focus for the new fiscal year will be to maintain cost control and establish funding streams to meet our on-going cost levels. Our budget assumes that total funding will increase to meet the projected cost level. Out of a total funding requirement of £165,500 we have already secured about £109,000 of grants and a further £50,000 is expected from continuing income streams (client contributions, events and other donations). The balancing £10,000 of funding for FY12 is planned to be met from the provision of new training services.

	FY11 (Actual)	FY12 (Actual)	FY13 (Budget)
Major Grants	£109,300	£107,451	£108,825
Donations	£9,377	£23,297	£23,375
Client Contributions	£12,745	£12,623	£22,500
Fundraising	£8,135	£11,104	£10,500
Bank Interest	£271	£282	£300
Total Income	£139,828	£154,756	£165,500
Payroll	£89,036	£90,131	£99,000
Service Costs	£21,932	£16,470	£21,500
Office Costs	£22,052	£15,975	£22,000
Occupancy Costs	£15,173	£17,772	£23,000
Total Expenditure	£148,193	£140,348	£165,500
Surplus/Deficit	£-8,365	£14,408	£0

Thanks as ever to all individuals and organisations who have contributed to RASASC in the last financial year. Donations of any size are always appreciated.

Donors (£100 & above)	Total
Rape Support Fund grant, Home Office, Ministry of Justice	45,000.00
ISVA Grant, Home Office grant	20,000.00
Guildford Borough Council - rent support	8,690.00
HMRC – gift aid	4,614.47
Guildford & Waverley Borough Councils grants	3,936.00
Guildford Borough Council - rates relief	3,825.00
Mackrell Turner Garrett Solicitors – Youth for Charity	3,000.00
University of Surrey Students Union	2,979.70
Home Office - ISVA training grant	2,000.00
Surrey County Council	1,285.00
Waitrose	1,203.00
Mr & Mrs Watts	1,055.00
Red Hot Yoga	1,040.00
Tormead School	1,000.00
South African Congregation	600.00
Dinnington Resource Centre	555.69
Oxted School	527.50
Holy Trinity & St Mary's Church	500.00
Kate Craig-Wood	500.00
Limelight Design & Marketing	500.00
Inner Wheel Club of Rushmore	300.00
George Abbott School	200.00
Centrepoint Church	150.00
www.Easyfundraising.org.uk	146.44
The Fundraising Co.	100.00
Friends of RASASC	
EU Design Ltd	
JTI	
Memset Ltd	
Smile IT	
Surrey Satellite Technology Ltd	
Yvonne Arnauld Theatre	
Thank You to everyone who has supported RASASC	

Graham Ward
Treasurer
January 2012

FUNDRAISER'S REPORT

1st Nov 2011 - 31st Oct 2012

As Fundraiser for RASASC, I have been very busy throughout the year. I want to say a **“big thank you”** to everyone who has helped, there are so many of you to mention individually. Everyone does different things and it all helps. Little things, big things, offering time, services, gifts-in-kind, raffle gifts, vouchers, sponsored challenges, personal challenges, baking cakes and taking part in awareness events. I offer a special thank you to my two Admin Assistants, Lizzie and Vivien, who work really hard in assisting me with preparing, planning events and the occasional training course. Everyone's efforts add up to help raise the annual running costs of £150,000.

In addition, I have managed to secure the following long-term funding streams:

- Home Office, Rape Support Fund, £45,000 per annum, 2011-2014 for core running costs.
- The Home Office, Independent Sexual Violence Advisor (ISVA) Grant £20,000 per annum 2012-2015, costs towards the ISVA Service.
- Guildford Borough Council, Rent Support, 2011-2016 (sliding scale £8,000-£1,000 per year).
- JTI long term corporate annual support 2008-2013 and a delightful 20th Anniversary celebration evening.
- Guildford and Waverley Voluntary Grants Panel, £7,872 until March 2013.
- Surrey County Council £1,285.

Public awareness is growing and we have noticed a number of local churches being more supportive this year and many Waitrose stores throughout Surrey supporting us. The Friends of RASASC supporters scheme is still in its infancy and we hope this will grow over time.

I would like to express my thanks to Peter Hobbs, EU Design Ltd. I have worked closely with Peter since 2008 until recently on the RASASC website and newsletter. He has probably offered thousands of hours of free help and advice over the years. RASASC has now moved to a new website which I can edit and update myself. The newsletter has now been taken in-house and the circulation list is growing.

Anne Milton, MP, Patron has been extremely supportive in writing letters of support and attending many events throughout the year. Anne's daughter Nicola Henderson, at the young age of 18, climbed Mount Kilimanjaro and ran the London Marathon for RASASC. Thank you to both of them.

Some Fundraising Events and Awareness Activities

Sponsored Channel Swim
South African Community Church Services
Sponsored Adidas 5K run
Big Grass Roots Debate
RASASC Bike Ride
Athens Classic Marathon
Positive Pedal Power Cycling Scheme
Mount Kilimanjaro climber
London Marathon runner
Red Hot Yoga Classes
20th Anniversary celebrations
Guildford School of Acting Play
Reading Half Marathon run
10K Sponsored Walkers
Hampton Court 2.2 mile swim
Annual Winter Fair

Some Exhibitions, Presentations And Health Fairs

Colleges Farnham, Merrist Wood,
Farnborough and Guildford, Oxted
School, University of Surrey, Rotary
Club, NSCCP, Women's Circle, KCA
New Thoughts, Fountain Centre
Cancer Centre, Samaritans,
Business @Brooklands Event,
Zonta International Women's
Organisation

**Sonja Freebody,
Management Co-Ordinator and
Fundraiser**

COUNSELLING CO-ORDINATOR'S REPORT

1st Nov 2011 - 31st Oct 2012

During the past year our Counselling Service has experienced steady demand as RASASC, as a whole, is widely recognised as offering such a valuable service to the community. It was only at the end of the year we saw an increase with the 'Savile effect' bringing many new clients to us. 168 callers have contacted the Counselling Co-ordinator to make use of Individual Counselling, Family Support or Court Support Sessions.

Some callers to the Counselling Co-ordinator's line are seeking telephone support, others are out of area to travel to us, some are under 16, or seeking help with other issues such as domestic violence. The Counselling Co-ordinator supports all potential clients by exploring their options and signposting to other agencies where appropriate. Within RASASC, Court Support has been taken over by Sheila Cade-Hughes, the Independent Sexual Violence Advisor, and Family Support is provided by Helen Price. Both have been consistently busy and provide valuable support to many clients.

We have arranged counselling assessments for 108 clients, both male and female, during the year and have continued with emergency assessments, so that clients with immediate needs can be seen quickly. Of the 108 clients we assessed, 12 failed to attend their initial assessment and 5 were referred to the psychiatric services, and of the remaining 91 clients, 56 have made use of counselling at RASASC and some are ongoing. 15 clients made use of the initial support at RASASC and felt ready to move on, 13 clients used NHS or other agency counselling and 7 are currently on the waiting list for RASASC counselling.

With 21 counsellors working each week we have been able to reduce waiting times during the year. From waiting 4-6 months for counselling during 2010-11 the waiting time has reduced to 1-2 months during 2011-12. This has been a great benefit to all our clients. We also still prioritise emergency clients who may be seen within a week after assessment.

RASASC offers counselling in two locations in central Guildford: the Citizens Advice Bureau (CAB) on Monday and Wednesday evenings and at RASASC's office during the day and one evening. We have 4 counsellors offering daytime sessions for those too traumatised to come out at night and 17 counsellors working in the evenings.

With 21 volunteer counsellors offering counselling each week and with assessments, family support and court support sessions, we offer 2,250-2,400 counselling hours each year.

My own and RASASC's thanks are due to all the counsellors for their dedication to our client group. They do wonderful work supporting our clients on their own individual journeys and my hope is that RASASC's counselling service can continue to support our volunteer counsellors in all that they give to their clients.

Felicity JS Williams,
Counselling Co-ordinator

Counselling Service

Clients requesting counselling sessions this year = 168
Volunteer counsellors available = 21
Number of clients counselled every week = 45-50

INDEPENDENT SEXUAL VIOLENCE ADVISOR'S REPORT

ISVA

1st Nov 2011 - 31st Oct 2012

This has been an extremely busy year for me adding depth to my role as Independent Sexual Violence Advisor (ISVA). I have been strengthening relationships between the ISVA service and Police, GUM clinics, Outreach Services, Community Mental Health Teams (CMHT), Victim Support, Young Witness and Witness Service, Schools and Homeless, the list is long and an ongoing task which grows every month.

The ISVA service is specially funded by the Home Office, Police and NHS and is managed by RASASC. I am based at RASASC on a Monday, Wednesday and Friday. On Tuesday and Thursday I am at the Surrey Sexual Assault Centre (SARC) based at Cobham Community Hospital.

The SARC has been operational since 2011 and is a one-stop facility for survivors to seek help and support. They can be seen by a Doctor, give forensic medical evidence (which can be stored indefinitely), record Police video reports, see Crisis Support Workers and also myself for independent advice.

The role of the ISVA is to support anyone who has been raped or sexually abused either historically or recently. Cases I have received over the past year have ranged from inappropriate touching to life threatening attacks. The extent of the sexual assault or rape is no indication of how distressing the client finds it, or how violated they feel.

Victims of sexual assault do not need to report to the police, if they do not want to. I am independent and can support the client whether they are reporting to the police or not. I am here to support any survivors of rape or sexual abuse from the crime all the way through the police process, Crown Prosecution Service and to Court if it is what is needed by the client. This year I have experienced how positive it can be following through a case and seeing the beneficial effects for victims when there is a guilty verdict and a positive outcome for them.

In the coming year my aim is to continue to publicise the ISVA role for victims to be aware of the service that is available. With the help of RASASC its helplines and counsellors, survivors can be helped to make the first steps to recovery.

Sheila Cade-Hughes,
ISVA

Independent Sexual Violence Advisor

ISVA Service

2011 = 168 clients
2012 = 204 clients

HELPLINE CALLS 2012

RASASC has a team of 30-45 volunteers who are specially trained to listen, support and give the caller time to talk confidentially and anonymously. The Helpline is available to survivors and to those supporting and helping survivors. The helpline is operated by 2 volunteers at a time and is open 7.30pm-9.30pm, six nights of the week.

During the course of the call, limited anonymous data may be recorded for the purposes of monitoring the service. It is not always appropriate to ask questions to obtain more information and the operators are aware of this. Callers may call once or many times but the operators are unable to distinguish between one-off callers and repeat callers due to anonymous confidentiality.

*Gender unknown – this may be that the caller is too traumatised to speak. On average it takes 1-4 attempts to speak. During this time they may be silent or just crying. Helpline volunteers will talk to the caller during this time to encourage the caller to try and speak. It is quite usual for the first speaking call to 30-40 minutes.

2012 Total		2,565	
Gender	Female Callers	1,844	
	Male Callers	273	
	Gender unknown callers*	448	
Age	0-16 years	5	
	16-24 years	127	
	25-50 years	664	
	51-65 years	246	
	65+ years	49	
	Age unknown	1,474	
Police and Court	Reported to Police	389	
	Court cases	73	
	Not reported to Police	540	
	Reporting situation unknown	1,636	
Pregnancy	Pregnant by rape	19	
	Pregnant by rape – baby aborted	18	
Presenting issues	Nightmares	133	
	Eating disorders	264	
	Drugs and alcohol	272	
	Self-harm	279	
	Panic attacks	346	
	Flashbacks	466	
	Depression and mental health issues	544	
	Perpetrators	Partner	8
		Gangs	8
Sibling		18	
Other relation		35	
Step-parent, partner or boyfriend		45	
Stranger		81	
Parents		286	
Acquaintance		361	

What people say about RASASC

“Your organisation is a God-send: I am staggered by the difference in approach and understanding. Your organisation is the place that taught me what it is to be treated with respect. Thank you.”

A client wanted to express her thanks for the absolute truthfulness and honesty she found in all her contact with RASASC. She said she felt safe here in a way she had not felt for 40 years.

“I am not going to pretend any of this was easy but I am proud that I achieved this and attended the appointment but I realise that I couldn’t have got this far without your tenacity. Thank you.”

“18 months ago life was a battle, one that at times I had no will to fight in, now I see life as precious and I look towards the horizon with joy and excitement. Thank you RASASC for giving me my life back, I now intend to live it.”

How do you measure success?

- *For one client it was being able to accept a kiss from her husband when he came home from work, without recoiling.*
- *For another, it was starting a University course after a year’s counselling with RASASC. Prior to this the client had been in drug and alcohol abuse rehabilitation.*
- *For another, “The most fundamental thing is I no longer hate myself.”*

A Counsellor’s comments

*A client who came to RASASC this year, had been abused in the past and then been triggered and re-traumatised by a more recent event. He was suffering severe anxiety, panic attacks, flashbacks and nightmares. He worked on the issues he felt he needed to and on supporting himself with the Post Traumatic Stress Disorder symptoms. When he left counselling he said **“I don’t have to be afraid anymore”**.*

Courage and commitment are the 2 words which immediately come to me when I reflect. Two in particular had the courage to face the painful issues of loss and betrayal associated on both cases with prolonged abuse from close family “friends”. Having children of their own prompted them to unmask their abusers to prevent other children from suffering in the way they had.

One client waited nearly 2 years to face her abuser in court, knowing that when she did it would be her word against his. An important part of helping and supporting this client had been in preparing her for the emotional ordeal of retelling her story in court facing family and friends who now know and are helping her to anticipate her responses to a “guilty” or “not guilty” verdict.

It’s hard and challenging, but it’s worth it.

What people say about RASASC cont.

Anne Milton, MP

"I am proud to be a Patron of RASASC. The Rape and Sexual Abuse Support Centre in Guildford helps some of the most vulnerable people in our area and yet it's surprising how little people know about the work that they do. RASASC turn around the lives of some of the most vulnerable people in our communities. They deal with some of the most challenging issues that we face in society and meet that challenge head on turning victims into survivors.

But RASASC needs help with funding. Raising money for challenging areas like rape and sexual abuse isn't easy but the rewards are huge. You only need to listen to the stories from survivors to understand just what a difference RASASC make – you can make a difference too by giving generously."

Surrey Police

Detective Inspector, Claire Loving, Sexual Offences Investigation Team - Surrey Police 2012

"I would like to offer a formal 'Thank You' for the working relationship we have had for a number of years with the RASACC and ISVA service. My team within Surrey Police have nothing but praise for what you offer victims of Rape and Serious Sexual Assault with regards to support and specialist advice. You are always discreet and professional in all that you do and it has made our working relationship a joy. Thank you once again for all your efforts."

Surrey Sexual Assault Referral Centre (SARC)

Nathalie Faint, Manager, Cobham, Oct 2011

"The volunteers at RASASC make a positive difference to people's lives who have been affected by trauma. This is a very valuable service and one that we could not do without."

Witness Service Surrey and Young Witness Service in Surrey

Wendy Pritchard 2012

"On behalf of the Young Witness Service I should like to say how much I appreciate the advice and support I receive from the ISVA service provided by RASASC. We work closely together in our support of young victims of sexual violence."

Surrey Sexual Health Clinic, Guildford (GUM)

Bridget Dunkley, Sexual Health Advisers, Surrey Sexual Health Clinic, Guildford

"RASASC continues to offer our clients an invaluable first class, professional and safe service that we can consistently rely on when referring on. Sheila in the ISVA role has further enhanced the seamless, holistic support and care that we all as a team feel able to offer our clients. You are invaluable."

Samaritans

Pip Bridge, Samaritans

"This year we have been delighted to learn more about the work of the RASAC team in our locality. An excellent training session for Samaritan volunteers helped us all to gain a greater understand the vision and purpose of RASASC's work. As a result we were also able to think about our Samaritan callers and the support that we offer to those who approach us after having suffered rape or sexual assault. RASAC is an organisation that we would confidently 'signpost' callers to when appropriate and we look forward to continuing to strengthen our links in the future."